

Hastings School Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast and butter/jam Fresh fruit	Toast and butter/jam Fresh fruit	Toast and butter/jam Fresh fruit	Toast and butter/jam Fresh fruit	Toast and butter/jam Fresh fruit
Break	Sausage Cobs with a selection of other break items (see Board)	Bacon cobs with a selection of other break items (see board)	Pizza crumpets Toast Quorn sausage cobs Hashbrowns	Sausage & bacon cobs with a selection of other break items (see board)	Sausage cobs with a selection of other break items (see board)
Lunch cold deli	Selection of freshly made sandwiches, wraps & Baguettes	Selection of freshly made sandwiches, wraps & Baguettes	Selection of freshly made sandwiches, wraps & Baguettes	Selection of freshly made sandwiches, wraps & Baguettes	Selection of freshly made sandwiches, wraps & Baguettes
Lunch hot deli	Paninis with a selection of fillings	Brunch wraps BBQ Quorn wraps	Cheese & tomato Panini Margherita pizza	Cheeseburgers Veggie burgers	Chips, beans & cheese Chips & beans Chips & cheese Chips & gravy Chip cobs

	Jacket potatoes with a selection of fillings Pasta Bar	Jacket potatoes with a selection of fillings Pasta Bar	Jacket potatoes with a selection of fillings Pasta Bar	Jacket potatoes with a selection of fillings Pasta Bar	Jacket potatoes with a choice of fillings
Lunch hot mains	Chicken Curry, Rice & Naan Quorn Curry Rice & Naan	Beef Casserole & Dumplings Served with creamy mash & vegetables Vegetarian Casserole & dumplings Served with creamy mash & vegetables	Vegetarian Shepherds pie served with Roast potatoes Macaroni Cheese served with Broccoli	Roast Pork with Homemade Apple Sauce Roasted Quorn Fillet With stuffing	Chicken Nuggets, Chips & beans Quorn Dippers, Chips, beans
Hot/cold deserts	Fresh fruit salad Butterscotch Whip	Fresh fruit salad Fruity Flapjack	Fresh fruit salad Syrup Sponge & custard	Fresh fruit salad Apple Crumble & vanilla Custard	Fresh fruit salad Selection of ice cream